

MISSION PROJECT for JANUARY and FEBRUARY

Health Kits



Health kits are often presented to children living in refugee camps, who do not have access to hygiene supplies. Some are given to women in rural education centers to encourage health care. People in such countries as Bosnia, Haiti, Nicaragua, North Korea, Russia, Serbia, and Ukraine have received health kits in the past few years.

Contents: (*NEW items only*)

- 1 toothbrush (adult size, leave in wrapper)
- 1 squeeze-tube toothpaste (minimum 130 ml / 6 oz, leave in box)
- 1 bar soap (90-140 g / 4-5 oz, in wrapper)
- 1 fingernail clipper
- 1 hand towel (larger than fingertip, dark color)

Place contents in an 8" x 11" fabric, double drawstring bag or in a paper bag.

IMPORTANT: Please follow instructions carefully. **Limit** your generosity to the contents above.

Drop completed kits off at Plains Church by the end of February.